

Model: Duastro-2025-2026-Health

SrNo: 115-120-105-3261 / 933

Date: 05/02/2025

Sex _____ : Male
Date of Birth _____ : **31-01/01/1999**
Day _____ : Thu-Friday
Time of Birth _____ : **01:01:00 Hour**
Ishta _____ : 44:27:38 Ghati
City _____ : **.Delhi**
State _____ : Delhi
Country _____ : India

Latitude _____ : 28:42:00 North
Longitude _____ : 77:13:00 East
Zone _____ : 82:30:00 East
Loc Time Corr _____ : -00:21:08 Hour
War Time Corr _____ : 00:00:00 Hour
Local Mean Time _____ : 00:39:52 Hour
Equation of Time _____ : -00:02:51 Hour
Siderial Time _____ : 07:19:57 Hour
Sunrise _____ : 07:13:56 Hour
Sunset _____ : 17:34:15 Hour
Day Duration _____ : 10:20:19 Hour
Sun Pos. (Ayan) _____ : Uttarayan
Sun Pos. (Gola) _____ : Dakshin
Season _____ : Shisir
Sun Degree _____ : 16:04:30 Sagittarius
Ascendent Degree _____ : 23:43:17 Virgo

Chaitradi Samvat / Saka _____ : 2055 / 1920
Mah _____ : Pausa
Paksh _____ : Shukla
Tithi at Sunrise _____ : 13
Tithi Ending Time _____ : 13:58:27
Tithi at Birth _____ : 14
Nak. at Sunrise _____ : Rohini
Nak. Ending Time _____ : 16:47:06 Hour
Nak. at Birth _____ : Mrgsra
Yoga at Sunrise _____ : Shubh
Yoga Ending Time _____ : 13:08:36 Hour
Yoga at Birth _____ : Shukla
Karan at Sunrise _____ : Taitila
Karan Ending Time _____ : 13:58:27 Hour
Karan at Birth _____ : Vanij

Avakahada Chakra

Ascendent-Lord _____ : Virgo - Mercury
Rasi-Lord _____ : **Taurus - Venus**
Naksh.-Charan _____ : **Mrgsra - 2**
Nakshatra Lord _____ : Mars
Yoga _____ : Shukla
Karan _____ : Vanij
Gana _____ : Deva
Yoni _____ : Sarp
Nadi _____ : Madhya
Varan _____ : Vaishya
Vashya _____ : Chatuspad
Varga _____ : Mrig
Yunja _____ : Poorva
Hansak _____ : Bhoomi
Name Alphabet _____ : Wo-Vomesh
Paya(Rasi-Nak) _____ : Silver - Gold
SunSign(West) _____ : Capricorn

Ghatak

Month _____ : Margshirsh
Tithi _____ : 5-10-15
Day _____ : Saturday
Nakshatra _____ : Hasta
Yoga _____ : Shukla
Karan _____ : Shakuni
Prahar _____ : 4
Varga _____ : Simha
Lagna _____ : Taurus
Sun _____ : Scorpio
Mon _____ : Virgo
Mar _____ : Sagittarius
Mer _____ : Virgo
Jup _____ : Capricorn
Ven _____ : Capricorn
Sat _____ : Libra
Rah _____ : Capricorn

Planetary Degrees and their Positions

PI	R	C	Rasi	Degree	Speed	Nak	Pad	No.	RL	NL	Sub	Dignity
Asc			Vir	23:43:17	315:37:58	Chitra	1	14	Mer	Mar	Mar	---
Sun			Sag	16:04:30	01:01:08	P Sadha	1	20	Jup	Ven	Sun	FrSign
Mon			Tau	28:23:00	14:42:12	Mrgsra	2	5	Ven	Mar	Sat	Moltrikn
Mar			Vir	24:26:58	00:29:44	Chitra	1	14	Mer	Mar	Rah	EnSign
Mer			Sco	27:10:10	01:23:32	Jyestha	4	18	Mar	Mer	Jup	NuSign
Jup			Aqu	28:04:22	00:08:45	P Bhad	3	25	Sat	Jup	Ven	NuSign
Ven			Cap	01:18:30	01:15:13	U Sadha	2	21	Sat	Sun	Jup	FrSign
Sat			Ari	02:55:55	00:00:14	Asvini	1	1	Mar	Ket	Ven	Dblitted
Rah	R		Can	29:02:42	00:06:56	Aslesa	4	9	Mon	Mer	Sat	EnSign
Ket	R		Cap	29:02:42	00:06:56	Dhanish	2	23	Sat	Mar	Sat	EnSign
Ura			Cap	17:06:26	00:03:07	Sravna	3	22	Sat	Mon	Sat	---
Nep			Cap	07:12:43	00:02:09	U Sadha	4	21	Sat	Sun	Ket	---
Plu			Sco	15:16:03	00:02:05	Anuradha	4	17	Mar	Sat	Jup	---
Mid Heaven			Gem	24:36:47	--	Punrvsu	--	7	Mer	Jup	Mer	--

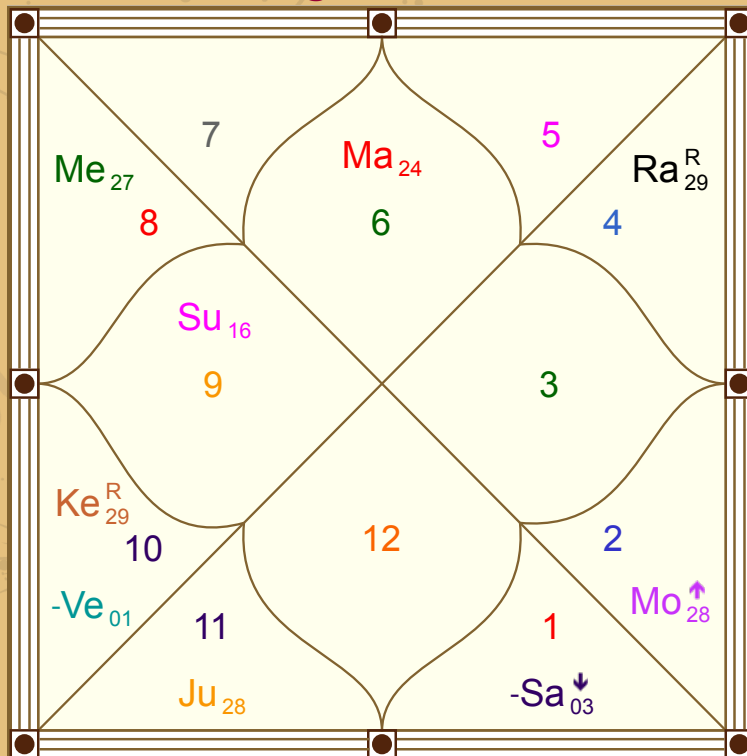
R-Retrograde S-Stationary

C- Combust D-Deep Combust

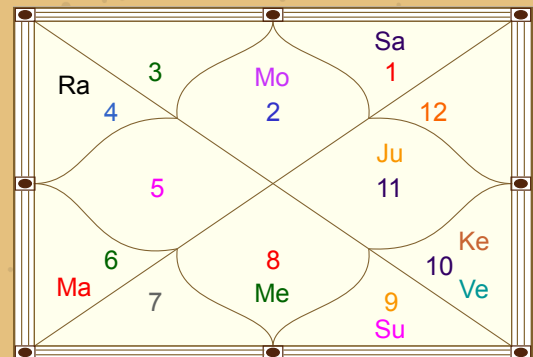
Rahu : True

Lahiri Ayanamsa : 23:50:25

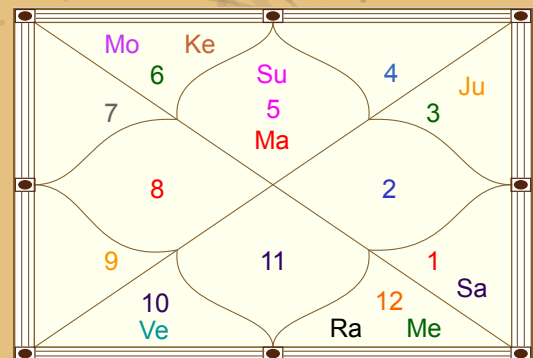
Lagna-Chalit



Moon Chart



Navamsa Chart



Physique, Health & Nature

The outstanding feature of your personality, as you are under the Virgo sign, is you look much younger than your age. That is your trump card in your long, eventful life.

Lean and lanky, with a prominent forehead, your eyes radiate honesty and sincerity. A straight nose, bushy eyebrows, dark hair and an athletic body provide a youthful touch to you. The only snag is you will have a thin and shrill voice which doesn't match with your general appearance.

You will enjoy robust health because you are very particular about avoiding disease. Hence, you always walk briskly, to avoid a bulging paunch. Since your stomach and the nervous system are pretty sensitive, you will have to be choosy in your intake of food. Eat at regular intervals instead of as and when you like and restrict your diet to vegetarian. Under any circumstance don't touch liquor and don't go anywhere near any kind of drugs. Take vitamin B.

Talkative by nature, you rub others the wrong way by endless criticism of the observations and actions. Put a check on it, otherwise, you will alienate your business associates and friends. A conservative, you are so calculating that you want to go into the minutest detail of everything. If you abandon this approach, it will be to your advantage. Another trait you will have to give up is fickle-mindedness because of which you lack consistency of purpose. You will have to first set your sight on a clear goal, work out a strategy and implement it with single-minded purpose, instead of suddenly getting upset and changing jobs. You confuse yourself by seeking the advice of any number of people on any given issue and consequently act in a haphazard manner. Accept the suggestions of any one person and act decisively on them which will turn out to be fruitful.

Mars in Virgo Ascendant indicates an average lifespan, throughout which you will display tremendous courage. In fact, it is entirely because of your guts that you will be able to overcome the challenges posed by your enemies whose sole purpose is to defame you in public. It is through sheer willpower that you will get past physical discomforts and health problems. By and large, your health will be pretty good but due to excess work and the resultant strain, you may tend to fall ill which you can ward off if you exercise firm control over your nerves.

Health - 2025

In the beginning of the year there would be improvement in working efficiency, health and your immunity would get enhanced with your continuous efforts like regular exercise and controlled diet.

Your health shall remain average in the second half of this year. You won't be satisfied mentally. The second half of the year won't be very favorable for health and you might suffer from mental tensions. You are advised to do exercise on regular basis and be disciplined in your diet.

Prediction For January 2025

You have a month which holds out fairly encouraging prospects for your health. Even those with a tendency to having their digestive organs easily disturbed will experience relief from their troubles as will also people with a predisposition to coughs, colds, and bronchitis. This means improvement of the general condition.

You may have some minor trouble getting muscular cramps. This would, however, be short-lived and pose no serious health problems. A good month, during which with just about normal care and attention, you will remain quite fit.

Prediction For February 2025

This month the combination of stars facing you is quite auspicious and favourable for your health affairs. Those with a predisposition to sudden acute illness like fevers and inflammations will get considerable relief from their troubles. Such bouts of illness will not bother you. However, it is important that all caution is not thrown to the winds, normal caution should be exercised.

There are grounds to be careful about an eye infection which might trouble you briefly. Any preventive action that can be taken, should be gone through. This apart, there is really nothing much to worry about, and in all probability you will face no serious health hazard during this period.

Prediction For March 2025

This month you have a favourable combination of stars facing you, and this augurs well for your health. Those predisposed to chronic disorders like rheumatism and irregularities like flatulence and excess of wind in the digestive tract will get

considerable relief from their troubles.

There are grounds for to be a little careful about an ailment. Nothing serious to be given to the treatment and precautionary measures for this. This apart, there are no reasons for any anxiety since you would not face any serious health problems this month.

Prediction For April 2025

This month the stars are quite favourably disposed towards your health and the augury is a beneficial one. There is, however, a note of caution which must be sounded to warn you against over-exerting yourself. This is important, since any failure in this would snowball to problems of a much greater magnitude for you. You should, therefore, draw out a fresh schedule of activity which does not put undue strain on your system.

Having done this, you should stick to such a schedule. This would solve your problems in a big way. Further, there is some chance of a back trouble bothering you. But this would be brief, and in any case get relief from your reworked schedule. A beneficial month, with no serious botheration.

Prediction For May 2025

This month the signs from the stars augur well for your health, and this means you have no major problems on this score. Those suffering from piles and chronic ailments of the chest would get considerable relief. That is to say they would notice a distinct improvement in their conditions. Provided, of course, that they continue to maintain the normal precautions.

However, there are chances of problems of cramps. They would in any case be brief, but such precautionary measures as far as possible should be taken. Overall, this is a beneficial month, during which there are no chances of serious health problems.

Prediction For June 2025

A month during which the combination of stars facing you is quite favourably disposed towards your health affairs. Any predisposition to sudden acute illness, like fevers and inflammatory conditions would get considerable relief. In fact, relief from most chronic ailments is indicated. This is as it should be in a favourable

month.

There is, however, a possibility, though an outside chance in such a stellar configuration, of an accident or a violent hurt. This should be guarded against in whatever manner possible. A fairly beneficial month, during which you would have a serious worry in the possibility of an accident.

Prediction For July 2025

There is very little cheer for your health, in the combination of stars this month. Those prone to chronic irregularities, like rheumatism and irregularities like flatulence and excess of wind in the digestive tract would have to face a difficult situation. One fraught with troubles when you may have to get a different order of treatment for these maladies.

There are chances that bouts of muscular cramps may cause a lot of further trouble. Though short-lived, these irregularities should be seriously treated. The turn of events is none too favourably inclined in your interest, therefore, it would be wise to be really careful.

Prediction For August 2025

This month the augury from the stars is quite favourable for your health. However, there is a note of caution to be sounded to warn you against over-exertion. This must be avoided because if neglected the problems could somewhat into one massive health problems. You should set about the task of drawing out a schedule of activity which does not unduly strain your system.

Having done this you must stick to such a schedule firmly. This is in fact the solution to most of your problems. There is the further likelihood of some trouble from bouts of muscular cramps. This would however, be quite brief. A beneficial month, where you do not have any serious worry.

Prediction For September 2025

This month you would have to look quite close and hard at the stars to discern any signs of encouragement for your health. Those with cold, moist hands and cold feet will just have to keep warmer somehow, because their troubles may be aggravated, chronic disorders of the chest would also give more than the usual amount of trouble.

Any persistent cold or cough should be seriously treated and thoroughly examined for complications. Further, there are chances that bouts of muscular cramps would bother you and this would have to be treated promptly. The turn of events is none too favourable, and as such you should be careful about your health during this period.

Prediction For October 2025

The stars do not forecast problems for your health, and the augury is auspicious indeed, with a little caution thrown in. There are some grounds to be apprehensive about sudden acute ailments like fever or inflammations. These should be treated without delay. There are no grounds for any serious worry, but still the immediate treatment indicated is equally essential.

Further, under the circumstances, that is in a favourable period when the stars are beneficially placed there may be no danger, although for you there is possibility of some trouble associated with the head. It would, therefore, do no harm to have a tonic for the head, and treat this merely as a precautionary measure.

Prediction For November 2025

This month you would have to look quite close and hard at the stars to make out any encouraging sign for your health. Any predisposition to chronic disorders like rheumatism and complaints of the digestive system like flatulence and excess of wind would cause problems of a somewhat higher magnitude. Quite obviously you would have to exercise that much more care and attention on the treatment and precautionary measures.

Further, there are grounds to be apprehensive about any cough of the persistent variety. You must have this thoroughly examined to ascertain whether this is a symptom of a rheumatic heart. A very likely possibility. Take care, since the turn of events is hardly favourable.

Prediction For December 2025

This month the combination of stars facing you does not augur too well for your health. There are chances that owing to over-exertion and exhaustion, you might come to a state of general debility and even nervous disorder. This you must guard against at all cost. Draw out a fresh schedule of activity, which does not unduly

strain your system.

You must firmly stick to such a schedule, failing which you would only have yourself to blame. Further, any predisposition to chronic ailments like rheumatism would have to be treated with far greater care since these would most likely take a turn for the worse. Take care, since there are troublesome times ahead.

Health - 2026

This year would bestow a normal health upon the natives. You would not be mentally contented. In the first half of the year, since Saturn aspects Ascendant, so you could face problems of weather borne diseases. Lethargy, mental anxieties and other minor and insignificant worries might prevail but after transit of Jupiter, normally would be restored.

After June 02, your health would pave the path of improvement because transit of Jupiter in propitious house illuminates that path. To have good health, you would stick to pure vegetarian meals. You would go on taking regular exercises along with scheduling a balanced diet. You shall have to be very much cautious about your health after October 31.

Prediction For January 2026

This month you can expect to derive the full benefit of Sun's protective powers, which will impart extra ordinary strength and vitality to you. Therefore, the chances of your being prone to colds, and ailments of the digestive organs would remain largely under check. There is only need to exercise the usual care.

It must, however, be pointed out that under the circumstances, recuperation would pose problems. Therefore, even a minor affliction should be expeditiously treated and not allowed to linger unnecessarily. Seek out medical treatment in case of any affliction without any loss of time. There is also a some reason to be careful about asthma and bronchitis, nothing to worry about but merely a precautionary measure.

Prediction For February 2026

This month you can expect the strength and vitality imparted to you by the Sun to really work for you and keep you free of any serious afflictions. Your being generally prone to sudden acute illness, through of short duration, would be kept largely under control. Be that as it may, you should not abandon all caution to winds and become totally careless about your health.

There is further cause for caution about the process of recuperation. This would tend be a difficult, and slow process, for you at this point of time. Therefore, it would be a good idea to seek out expeditious medical treatment, if afflicted even by a

minor ailment, without loss of time. This should be borne in mind, despite the fact that in all likelihood you would remain free of serious ailments.

Prediction For March 2026

The month indicates chronic disorder of the digestive tract like excess of wind, with the possibility of troublesome conditions for those prone to rheumatism and gout. Even the strength and vitality given by the sun would not be enough to prevent problems of this venture.

Every care should be taken to immediately treat any affliction, especially of the digestive organs, expeditiously. Since there is a likelihood of deterioration of a rapid sort since the stars are not very favourably disposed towards your health, and as such there is the further likelihood of complaints like chronic constipation. Any remedial measures, taken well in advance would obviously be a great help.

Prediction For April 2026

The disposition of the stars, is not very favourable for your health this month. There are chances that for one reason or the other, mainly because of over-exertions you would suffer from conditions of general debility, which may further lead to back trouble and nervous disorders. There is the further problems of recuperation in all likelihood being slow and tedious.

Therefore, it is very important that you treat your afflictions without any loss of time. Additionally, you must also refrain from over-exertion since this could start all your health problems. By taking all these precautions, you should be able to prevent any deterioration in your health, which could occur because of an unfavourable situation.

Prediction For May 2026

This is a month during which you would have to be careful about your health. This is especially true for those prone to piles, gall stones etc., particularly this month because the strength and vitality you should normally have derived from the Sun is not available to you because of an unfavourable stellar configuration.

There is the further danger of recuperation being slow and tedious. Therefore, it would become very important for you to treat your afflictions without any loss of time. Take the further precaution of healthy living, so that the chances of any

problems are reduced. Overall, not a very favourable month, during which you should exercise due caution, as indicated.

Prediction For June 2026

This month, you should be particularly careful about the tendency toward sudden, acute illness, like fever and inflammatory conditions. There are further grounds to be worried about recuperation, after being afflicted. Proper care should be taken to recover completely from your sickness, since recuperation might tend to be a slow and tedious process.

Under the circumstances, it would also be wise to pay greater heed to preventive measures, that is if prone to a certain type of affliction, whatever the nature, somewhat greater care should be exercised to prevent the reoccurrence of such an affliction or afflictions. This is particularly true this month, since the stars are not very favourably disposed towards your health affairs.

Prediction For July 2026

A good month, for your health affairs, during which the sun will impart to you, extra ordinary strength and vitality, making for a sound constitution. This does not imply that caution should be thrown to the winds. Apart from normal healthy living, there are grounds for you to be a little extra careful about ailments of the digestive tract, particularly excess of wind.

Also, any affliction, even a minor one, should be treated without any loss of time. This is particularly true since recuperation would tend to complicate matters, being a slow and tedious process. There is nothing to worry about this month, because the stars are quite favourably disposed towards your health affairs. Simple, normal precautions should suffice.

Prediction For August 2026

During this month, a favourable set of circumstances would ensure a spell of good health for you. In fact, the sun will impart a good deal of strength and vitality to you, which would make for a sound constitution. Despite all this, there is no reason to be totally complacent.

There is reason for you to treat even a minor affliction expeditiously, since recuperation is likely to be a slow process. And through the stars are quite favourably

disposed towards your health affairs, any ailment contracted on an off chance should not be allowed to deteriorate. If you take this precaution, there is really nothing to worry about.

Prediction For September 2026

There is definite reason for you to be careful about the state of your health this month, which may be troubled in various ways. Any boil or sore should not be ignored or indifferently treated, but taken seriously, since this could worsen and effect a deterioration of the entire system.

The stars, not being very favourable this month there would be serious problems in recuperation as well. This further emphasizes the need to seek speedy medical relief for any ailment. This you should do without any dilly-dallying. There is further reason for you to take precautions about afflictions connected with your lungs. You might find a common cough degenerating into bronchitis. Take care to administer treatment early.

Prediction For October 2026

This month the Sun will impart extraordinary vitality and strength to the constitution which should keep you free from affliction. There are grounds to be careful about recuperating fast, even if some minor affliction occurs. You also have a tendency which makes you prone to sudden sickness of the acute variety though of short duration, like fever and inflammatory conditions.

This month, fortunately you would be spared any suffering owing to this prediction. Still, a little caution in a general sort of way would always be helpful. A tonic for the head is also recommended again as a step to strengthen a possible weakness only, a long-time curative measure.

Prediction For November 2026

This month the tendency of your health to deteriorate very fast once afflicted, would remain under check. Sun will give you a great deal of strength and vitality. Still, constitutionally you are prone to chronic disorders like rheumatism, gout and excess of wind in the digestive tract. This month stellar combinations promises relief from such afflictions, through it would be good sense to maintain the normal precautions.

Also to be remembered is the fact that you should seek quick medical treatment for any ailment, without unnecessary delay. Any ailment must be carefully examined, since in your case there is every likelihood hard of this being a symptom of a rheumatic heart.

Prediction For December 2026

This month the Sun's capacity to impart extra ordinary strength and vitality to you, may not be enough to keep you from health problems. Your susceptibility to be prone to general debility and nervous disorders may be aggravated, causing ailments related particularly to the lungs, like bronchitis and asthma.

You must not unduly strain yourself, either physically or mentally. Over-exhaustion would be quite damaging, and you must, therefore, avoid this as well as nervous tension of all varieties. There is also need to be carefully meticulous about seeking out medical treatment expeditiously. This is especially true this month, when the stellar configuration is not very favourable for your health.