Astro PRIYA REDDY

Astrology Prediction by Duastro

Personal Astrology • Calculated Guidance • Trusted Remedies

disease-horoscope-by-date-of-birth-next-5-years

Service ID: 327

ASTROLOGY REPORT

Name: amit

Date of Birth: 2-4-1987

Time of Birth: 0:5

Birth Place: Achabbal, Jammu & Kashmir, India

Generated on 15 Feb 2026

Plan: **disease-horoscope-by-date-of-birth-next-5-years**

Duastro is India's first platform where you can ask **personal astrology questions** and receive **fully calculated answers in PDF format**, including **remedies and guidance**, delivered within **24 hours on WhatsApp**.

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This report is generated using Vedic astrology calculations and is intended for guidance purposes only.

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Basic Birth Details

Ascendant (Lagna)	Scorpio
Ascendant Lord	Mars
Moon Sign (Rashi)	Kshatriya
Nakshatra	Chatuspad
Tithi	Mesha
Yoga	Priti
Karana	Rakshasa
Nadi	Ant
SignLord	Mars
Sign	Aries
Naksahtra	Krittika
NaksahtraLord	Sun
Charan	1
Yog	Priti
Karan	Vanija
Tithi	Shukla Chaturthi
Yunja	Poorva
Tatva	Fire
Name alphabet	Aa
Paya	Iron

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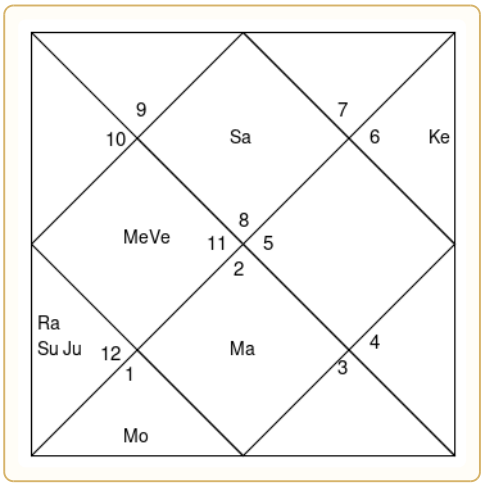
Kundli Charts

Lagna Chart (D1)



Planets Position

Planet	Sign	House	Degree	Planetary Avastha
Sun	Pisces	5	17.82°	Yuva
Moon	Aries	6	27.11°	Mrit
Mars	Taurus	7	3.69°	Mrit
Mercury	Aquarius	4	20.81°	Vridha
Jupiter	Pisces	5	13.54°	Yuva
Venus	Aquarius	4	11.22°	Kumara
Saturn	Scorpio	1	27.48°	Bala
Rahu	Pisces	5	18.01°	Kumara
Ketu	Virgo	11	18.01°	Kumara
Ascendant	Scorpio	1	24.86°	--

Disease Next 5 Years

Disease Next 5 Years • Major Period Rahu • Influence from House 5

15 February 2026 - 29 December 2026

You are in the Rahu Mahadasha with Rahu placed in the 5th house, which can influence your heart, digestive system, and mental peace.

Health and Disease: During this period, you might experience issues related to digestion like acidity, indigestion, or stomach discomfort. There could also be some stress affecting your heart or causing anxiety. **Negative:** Rahu's energy in the 5th house can create sudden health problems linked to digestion or emotional disturbances. However, this time also gives you an opportunity to work on calming your mind and improving your overall well-being.

Home-Based Remedies: Drinking a glass of warm water with a pinch of rock salt in the morning can help digestion.
Practicing meditation or mindfulness daily can reduce stress and protect your heart.

Disease Next 5 Years • Major Rahu - Minor Moon

15 February 2026 - 29 December 2026

Health and Disease Predictions During Moon Antardasha in 6th House

You are entering the **Moon Antardasha** in your 6th house, which governs your immunity, daily routines, and susceptibility to minor illnesses or infections. During this period, you may experience digestive issues, mild fatigue, cold or flu-like symptoms, or stress-related health problems. Maintaining hygiene and a balanced routine is important to stay healthy.

Positive Effects

You are likely to feel an improvement in immunity and overall resilience at times. This period can motivate you to adopt healthier habits, such as regular exercise, proper diet, and sufficient rest, which can improve general well-being and prevent minor illnesses.

Challenges and Cautions

You may face issues like frequent colds, digestive disturbances, or fatigue due to stress or irregular routines. Ignoring early symptoms or overexerting yourself can worsen these conditions. It is important to follow a consistent daily routine and take preventive health measures.

Home-Based Remedies

Drinking warm water with a pinch of **ginger or turmeric**Chandra mantra

Colors to Wear and Avoid

Wearing **white, light blue, or silver**red or dark brown

Disease Next 5 Years • Major Rahu - Minor Mars

29 December 2026 - 16 January 2028

Health and Disease Predictions During Mars Antardasha in 7th House

You are entering the **Mars Antardasha** in your 7th house, which governs partnerships, kidneys, lower back, and reproductive organs. During this period, you may experience minor kidney discomfort, urinary issues, or lower back pain. Stress or tension in relationships can also impact overall health and energy levels.

Positive Effects

You are likely to feel increased vitality and resilience, which can help maintain good health and recover quickly from minor issues. Paying attention to hydration, moderate exercise, and proper rest can support overall well-being during this period.

Challenges and Cautions

You may face issues like lower back pain, kidney discomfort, urinary irritation, or stress-related fatigue. Ignoring early symptoms or overexerting yourself physically or emotionally can worsen these conditions. Maintaining a balanced routine, staying hydrated, and avoiding stressful conflicts is essential.

Home-Based Remedies

Drinking plenty of **water with a pinch of rock salt**turmeric paste

Colors to Wear and Avoid

Wearing **red or orange**blue or black

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Disease Next 5 Years • Major Period Jupiter • Influence from House 5

21 January 2028 - 10 March 2030

You are going through the Jupiter Mahadasha with Jupiter placed in your 5th house, which mainly influences your heart, upper back, and digestive system.

Health and Disease: You are likely to enjoy overall good health, but **negative:** there may be occasional issues related to your heart or digestion. Mild acidity, indigestion, or slight discomfort in the upper back can occur, especially if you overeat or ignore a balanced diet. Jupiter's positive energy generally supports strong vitality and good recovery, but it's important to avoid stress and maintain a healthy lifestyle to keep your heart and digestion strong.

Home-Based Remedies: Drinking warm water with a pinch of rock salt in the morning can help with digestion.
Including light physical activity like walking can support heart health and reduce upper back stiffness.

Disease Next 5 Years • Major Jupiter - Minor Jupiter

21 January 2028 - 10 March 2030

Health and Disease Predictions During Jupiter Antardasha in 5th House

You are entering the **Jupiter Antardasha** in your 5th house, which governs your heart, chest, digestive system, and overall vitality. During this period, you may experience minor digestive issues, bloating, or occasional heartburn if your diet and lifestyle are not balanced.

Positive Effects

You are likely to have good energy levels and strong immunity. Maintaining a healthy routine with balanced meals can enhance your overall health. Emotional stability and mental peace during this period can positively influence your physical well-being.

Challenges and Cautions

You may face mild digestive disturbances, acidity, or occasional chest discomfort. Overindulgence in rich foods or irregular eating habits may increase these issues. It is advisable to avoid stressful situations as they can affect both your heart and digestion.

Home-Based Remedies

Drinking warm water with **ginger or tulsi** leaves can improve digestion and strengthen immunity. Practicing light yoga or meditation can support heart health and reduce stress.

Colors to Wear and Avoid

Wearing **light yellow or white** colors can enhance positivity and vitality. Avoid **red or dark brown** as these may increase restlessness and minor health discomforts during this period.

Disease Next 5 Years • Major Jupiter - Minor Saturn

10 March 2030 - 15 February 2031

Health and Disease Predictions During Saturn Antardasha in 1st House

You are currently under the **Saturn Antardasha** in your 1st house, which primarily affects your overall health, stamina, and physical constitution. During this period, you may experience **joint pain, back pain, weakness, fatigue, or chronic ailments**. Your body may feel heavier, and minor illnesses may take longer to recover.

Positive Effects

You are likely to develop **discipline in health routines**. If you maintain a regular exercise regime, proper diet, and mental calmness, your immunity and strength can gradually improve. Saturn encourages patience and perseverance in managing long-term health issues.

Challenges and Cautions

You may face **bone or joint-related problems, muscle stiffness, or digestive issues**. Overexertion, neglecting rest, or ignoring minor health symptoms can worsen these conditions. Avoid risky activities or sudden physical strain during this period.

Home-Based Remedies

Consuming **warm turmeric milk or sesame seeds** daily can strengthen bones and immunity. Gentle **yoga and stretching exercises** can reduce stiffness and improve overall physical balance.

Colors to Wear and Avoid

Wearing **blue, grey, or white** can help maintain calmness and reduce stress. Avoid **red or bright orange**, as these colors may increase tension or physical discomfort during

this antardasha.

Planetary Influence - Mars

Taurus • House 7 • Nakshatra: Krittika

Planetary Overview: Mars symbolises energy, action, ambition, and assertiveness. It represents the driving force behind one's desires, passions, and competitive nature. Mars is associated with courage, physical strength, and how individuals assert themselves in various aspects of life, including relationships and career. Its position in the birth chart is significant for understanding a person's approach to challenges, their level of assertiveness, and their style of taking initiative.

Nakshatra Influence: You are like a fierce and determined warrior under the influence of Mars in Krittika Nakshatra, where the red planet amplifies your courage and resilience. Your actions are as powerful and transformative as the energy of Krittika, making you a natural leader with a fearless spirit. With Mars igniting your passions, you will be a dynamic force, unafraid to confront challenges head-on and emerge stronger. Your assertiveness and drive mark you as a trailblazer, destined to leave a lasting impact through your bold and ambitious endeavors.

Strength & Positive Effects: You are like a steadfast and sensual partner, merging the stable energy of Taurus with the determined influence of Mars in the seventh house. Your approach to relationships is marked by loyalty, determination, and a commitment to building lasting connections. Embrace your patient and sensual nature, as Mars in Taurus enhances your ability to create a sense of security and sensuality in partnerships. Trust in your capacity to provide stability and a steady foundation, for Mars in Taurus ensures that your connections are characterized by a grounded and enduring energy. Your journey in relationships becomes a path of shared growth and material prosperity, allowing you to excel in connections that value loyalty, patience, and a mutual commitment to building a sense of home together.

Challenges & Weak Areas: You will be like an immovable force in love, as Mars in Taurus accentuates your desire for stability and material security in partnerships. Stubbornness and possessiveness may lead to conflicts with your partner. Be cautious of a strong material focus overshadowing emotional connections. Strive for flexibility and compromise in your approach to relationships to avoid stagnation. Develop a balance between emotional and material needs for harmonious partnerships. Cultivate

open communication to address concerns proactively. Prioritize emotional connection over material concerns for lasting relationships.

Things to Avoid: Your actions may be stubborn, leading to resistance in partnerships. Possessiveness can hinder the flow of harmony in relationships.

Remedies & Balancing Guidance: Remedies: Cultivate flexibility and learn to let go. Practice generosity and open communication to build trust. Use the energy constructively through physical activities.

Planetary Influence - Saturn

Scorpio • House 1 • Nakshatra: Jyeshtha

Planetary Overview: Saturn symbolises discipline, responsibility, and structure. It represents limitations, challenges, and the need for perseverance. Saturn is associated with hard work, maturity, and the lessons learned through life experiences. Its placement in the birth chart is crucial for understanding how individuals handle responsibilities, navigate obstacles, and build a solid foundation for their ambitions. Saturn is often seen as a planet that encourages patience and endurance in the pursuit of long-term goals.

Nakshatra Influence: You are like a vigilant guardian of wisdom, as Saturn aligns with the protective energies of Jyeshtha Nakshatra, where the disciplinarian planet stands as a sentinel, safeguarding the reservoir of knowledge with unwavering dedication. In matters of wisdom, your demeanor is marked by a vigilant spirit, much like a guardian protecting the sacred flame of knowledge with unwavering commitment. The Jyeshtha energy inspires you to manifest Saturn's discipline in your pursuit of wisdom, ensuring that you stand as a vigilant guardian of knowledge and understanding. Your vigilant approach to intellectual pursuits is your greatest asset, allowing you to accumulate wisdom with resilience and unwavering dedication. Embrace the essence of Jyeshtha, for you are destined to be the vigilant guardian, preserving the flame of wisdom with enduring commitment and a protective spirit.

Strength & Positive Effects: You are like an intense and disciplined transformer, blending the emotional depth of Scorpio with the structured influence of Saturn in your first house. Your approach to life is marked by passion, intuition, and a desire for profound transformation. Saturn in Scorpio accentuates your ability to create stability through emotional depth and a keen understanding of hidden truths. Success comes through your capacity for emotional regeneration, resilience, and the ability to navigate the depths of life. Your intense presence ensures that your endeavors leave a lasting impact. You are destined for a life of profound growth, transformative achievements, and a legacy of disciplined and impactful contributions. Your Saturn-driven energy creates a legacy of intensity and transformative insights.

Challenges & Weak Areas: You will be like an intense transformer, Saturn in Scorpio deepens your emotional intensity but may lead to self-imposed restrictions in expressing vulnerability. In the first house, there's a risk of being overly guarded, hindering genuine connections. Fear of betrayal may lead to emotional withdrawal. Be cautious of a tendency to hold onto grudges, preventing emotional healing. Cultivating trust and openness will be essential for developing meaningful connections and personal growth.

Things to Avoid: You need to restrict intense control issues and a desire for secrecy. Foster trust, practice transparency in relationships, and avoid manipulative tendencies.

Remedies & Balancing Guidance: Cultivate trust in relationships, embrace transparency, and engage in transformative experiences. Wear deep, dark colors for a balanced and transformative approach.

6th House Prediction: Moon

Overall Influence: You are experiencing the effects of the Moon placed in the 6th house of your Kundli. This placement means that your emotions and daily life are closely linked. You may often feel stressed and anxious, especially about work and health. You are likely to have a strong sense of duty and service towards others, often putting their needs before your own. This can lead to a lot of worry and mental strain, as you might feel overwhelmed by responsibilities. Health issues, particularly related to digestion and the stomach, could be a recurring concern. You may also face conflicts or challenges in the workplace, requiring you to put in extra effort to maintain harmony and productivity. Relationships with coworkers might be tense, and you could feel unappreciated despite your hard work. Financially, you may need to manage your expenses carefully to avoid stress. Emotionally, you might find it hard to relax and could experience mood swings, often feeling insecure or doubtful about your abilities. However, this placement also gives you a resilient spirit and the ability to persevere through tough times. You are likely to be very organized and detail-oriented, which helps you manage your tasks efficiently. Your nurturing nature makes you a dependable friend and colleague, but it's important to balance taking care of others with taking care of yourself.

Strengths & Positive Outcomes: Your nature is compassionate and service-oriented. You tend to be very responsible and are always ready to help others. You have a practical and methodical approach to life, often preferring to solve problems through careful planning and attention to detail. Despite this, you can be quite sensitive and easily affected by stress.

Challenges & Things to Avoid: You need to avoid taking on too many responsibilities and learn to say no when necessary. It is important to prioritize your own health and well-being. Try to steer clear of environments and relationships that are overly stressful or demanding. Avoid being overly critical of yourself and others.

Remedies & Corrective Guidance: To balance the effects of the Moon in the 6th house, you should practice regular relaxation techniques such as yoga or meditation. Incorporate a healthy diet and regular exercise into your routine to maintain good health. Wearing a silver chain or a pearl can help soothe your mind. Chanting Moon-related mantras and spending time near water bodies can also bring you peace and

calm.