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### 26-dosha-analysis-by-date-of-birth

Service ID: 327

#### ASTROLOGY REPORT

**Name:** amit

**Date of Birth:** 2-4-1987

**Time of Birth:** 0:5

**Birth Place:** Achabbal, Jammu & Kashmir, India

Generated on 15 Feb 2026

Plan: 26-dosha-analysis-by-date-of-birth

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This report is generated using Vedic astrology calculations and is intended for guidance purposes only.

# Astro SOPHIA MARTINEZ

## Basic Birth Details

|                   |                  |
|-------------------|------------------|
| Ascendant (Lagna) | Scorpio          |
| Ascendant Lord    | Mars             |
| Moon Sign (Rashi) | Kshatriya        |
| Nakshatra         | Chatuspad        |
| Tithi             | Mesha            |
| Yoga              | Priti            |
| Karana            | Rakshasa         |
| Nadi              | Ant              |
| SignLord          | Mars             |
| Sign              | Aries            |
| Naksahtra         | Krittika         |
| NaksahtraLord     | Sun              |
| Charan            | 1                |
| Yog               | Priti            |
| Karan             | Vanija           |
| Tithi             | Shukla Chaturthi |
| Yunja             | Poorva           |
| Tatva             | Fire             |
| Name alphabet     | Aa               |
| Paya              | Iron             |

# Astro SOPHIA MARTINEZ

## Kundli Charts

### Lagna Chart (D1)



## Planets Position

| Planet    | Sign     | House | Degree | Planetary Avastha |
|-----------|----------|-------|--------|-------------------|
| Sun       | Pisces   | 5     | 17.82° | Yuva              |
| Moon      | Aries    | 6     | 27.11° | Mrit              |
| Mars      | Taurus   | 7     | 3.69°  | Mrit              |
| Mercury   | Aquarius | 4     | 20.81° | Vridha            |
| Jupiter   | Pisces   | 5     | 13.54° | Yuva              |
| Venus     | Aquarius | 4     | 11.22° | Kumara            |
| Saturn    | Scorpio  | 1     | 27.48° | Bala              |
| Rahu      | Pisces   | 5     | 18.01° | Kumara            |
| Ketu      | Virgo    | 11    | 18.01° | Kumara            |
| Ascendant | Scorpio  | 1     | 24.86° | --                |

## **Kundli Dosha Analysis**

**15 doshas** detected in your Birth chart.

These are common and can often be reduced with simple remedies.

## **Mangal Dosha**

Mars is positioned in the 7th house from the Ascendant, triggering Mangal Dosha in this Kundli, which can create intensity and challenges in marital and personal relationships.

### **Possible Effects:**

- Delays or obstacles in marriage and partnerships
- Arguments or conflicts in relationships
- Potential accidents or health issues related to blood, muscles, or energy
- Emotional intensity or impulsive actions
- Challenges in harmonious domestic life
- Stress or tension in family matters

### **Positive Side:**

- Provides strong courage, determination, and perseverance
- Enhances leadership qualities and ability to face challenges
- Encourages decisiveness and action-oriented approach
- Opportunities to develop resilience through life lessons
- Builds assertiveness and self-confidence
- Transforms intensity into focused energy and achievement

### **Simple & Effective Remedies:**

1. Chant Hanuman Chalisa daily at home
2. Donate red lentils, sweets, or food to the needy on Tuesdays
3. Offer water mixed with red sandalwood to a Tulsi plant every Tuesday
4. Perform simple Hanuman Puja with red flowers and incense at home
5. Practice patience, meditation, and conscious anger management

**Final Insights:** Mangal Dosha influences marital and personal dynamics but also provides courage and determination. With remedies, awareness, and disciplined action, it can be transformed into strength, leadership, and positive energy in life.

## Partial Kaal Sarp Dosha (Anshik)

Rahu in house 5 and Ketu in house 11 are opposite, but some planets lie outside the axis in this Kundli, indicating Partial Kaal Sarp Dosha.

### Possible Effects:

- Milder or intermittent obstacles in career, finances, or health
- Occasional delays or setbacks in personal projects
- Situational stress or temporary challenges in relationships
- Learning opportunities through smaller life lessons
- Periods of uncertainty requiring adaptability
- Challenges that appear occasionally rather than continuously

### Positive Side:

- Builds adaptability and problem-solving skills
- Encourages patience, planning, and resilience
- Opportunity to develop strategic thinking for overcoming challenges
- Teaches mindfulness and conscious decision-making
- Gradual spiritual and personal growth through manageable lessons
- Develops emotional intelligence and flexibility

### Simple & Effective Remedies:

1. Chant Om Namah Shivaya mantra daily with devotion
2. Donate sesame seeds or items associated with Saturn on Saturdays
3. Keep a silver snake idol at home and offer prayers regularly
4. Avoid harming snakes or other animals
5. Engage in mindful actions, charity, and spiritual practice

**Final Insights:** Partial Kaal Sarp Dosha presents milder karmic challenges. With remedies, awareness, and adaptability, it can be transformed into problem-solving skills, personal growth, and life balance.

## Surya Grahan Dosha

Sun conjunct with Rahu in house 5 indicates Surya Grahan Dosha in this Kundli, creating an eclipse-like affliction affecting confidence, authority, and vitality.

### Possible Effects:

- Challenges with self-confidence and personal authority
- Difficulties in relationships with father or senior male figures
- Obstacles in career, leadership, or government-related matters
- Potential eye, heart, or vitality-related health issues
- Delays in recognition or appreciation for efforts
- Periods of low energy or lack of assertiveness

### Positive Side:

- Develops strong intuition, inner strength, and self-awareness
- Encourages humility, patience, and resilience
- Promotes reflection on leadership, authority, and personal power
- Opportunities to cultivate discipline and clarity in decision-making
- Strengthens willpower and long-term planning capabilities
- Transforms challenges into personal empowerment and insight

### Simple & Effective Remedies:

1. Chant Gayatri Mantra 108 times daily at sunrise
2. Offer water to Sun (Surya Arghya) using a copper vessel daily
3. Donate wheat, copper items, or perform charity on Sundays
4. Wear a red thread on the wrist as advised by astrologer
5. Maintain disciplined routines and self-care practices

**Final Insights:** Surya Grahan Dosha represents eclipse-like challenges to confidence, authority, and vitality. With remedies, devotion, and disciplined effort, it can be transformed into inner strength, intuition, and leadership growth.

## Shani Dosha (Retrograde)

Saturn is retrograde in house 1, indicating Shani Dosha (Retrograde) in this Kundli, intensifying karmic lessons, delays, and life challenges.

### Possible Effects:

- Delays in career, promotions, or recognition despite effort
- Hard work without immediate rewards or setbacks in projects
- Chronic health issues or recurring illnesses
- Emotional stress from responsibilities and duties
- Obstacles in long-term goals and personal ambitions
- Family or authority-related challenges requiring patience

### Positive Side:

- Builds exceptional discipline, perseverance, and patience
- Strengthens ability to handle long-term responsibilities
- Promotes resilience and strategic planning for success
- Encourages ethical conduct and karmic awareness
- Opportunities for personal growth through sustained effort
- Leads to long-term stability and achievement once lessons are learned

### Simple & Effective Remedies:

1. Chant Shani Mantra (Om Sham Shanicharaya Namah) daily, especially on Saturdays
2. Donate black sesame seeds, mustard oil, or items associated with Saturn
3. Light a mustard oil lamp under a Peepal tree at home if possible
4. Help the elderly, laborers, or the underprivileged regularly
5. Maintain disciplined routines, ethical actions, and patience in life

**Final Insights:** Shani Dosha (Retrograde) represents intensified karmic lessons and delays. With remedies, patience, and disciplined effort, it can be transformed into resilience, long-term success, and mastery over challenges.

## Daridra Dosha

Ketu is placed in the 11th house of gains, indicating Daridra Dosha in this Kundli, affecting income, wealth accumulation, and financial stability.

### Possible Effects:

- Fluctuating income and financial instability
- Difficulty in accumulating or retaining wealth
- Unexpected expenses or financial losses
- Challenges in career or business related to gains
- Stress or anxiety regarding money management
- Obstacles in fulfilling desires and material goals

### Positive Side:

- Teaches the true value of money and resourcefulness
- Encourages disciplined financial planning and savings
- Promotes gratitude, humility, and ethical wealth accumulation
- Strengthens problem-solving and strategic thinking in finances
- Opportunity to develop resilience and resource management skills
- Potential to attract long-term wealth through sustained effort and remedies

### Simple & Effective Remedies:

1. Chant Lakshmi Mantra daily, especially on Fridays
2. Donate green vegetables, clothes, or essentials on Wednesdays
3. Keep a money plant at home and nurture it regularly
4. Avoid borrowing unnecessarily and focus on savings rituals
5. Practice gratitude and mindful spending in daily life

**Final Insights:** Daridra Dosha affects financial stability and gains, but with remedies, discipline, and awareness, it can be transformed into resourcefulness, wealth accumulation, and long-term prosperity.

## Pitru Dosha

Sun afflicted by Rahu in house 5 indicates Pitru Dosha in this Kundli, reflecting ancestral karma, unresolved family matters, and need for ancestral appeasement.

### Possible Effects:

- Problems or delays due to paternal or ancestral lineage
- Unresolved family disputes affecting personal life
- Lack of blessings or guidance from ancestors
- Health or financial challenges linked to ancestral karma
- Emotional stress related to family responsibilities
- Obstacles in marital or progeny matters due to ancestral influence

### Positive Side:

- Encourages respect and remembrance of ancestors
- Opportunity to resolve karmic debts and family issues
- Brings family harmony, peace, and blessings once remedies are performed
- Promotes spiritual growth and ethical living
- Strengthens sense of responsibility and connection to lineage
- Transforms ancestral challenges into guidance and protection

### Simple & Effective Remedies:

1. Perform Tarpan (water offerings) for ancestors on Amavasya
2. Chant Pitru Gayatri Mantra daily with devotion
3. Donate food to Brahmins, needy, or crows on Saturdays
4. Plant and nurture a Peepal tree or offer water regularly
5. Maintain ethical, responsible, and compassionate actions in daily life

**Final Insights:** Pitru Dosha represents ancestral karmic influence affecting personal and family life. With awareness, rituals, and devotion, it can be transformed into blessings, family harmony, spiritual growth, and overall prosperity.

## Guru Chandal Dosha

Jupiter conjunct with Rahu in house 5 indicates Guru Chandal Dosha in this Kundli, distorting wisdom, ethics, and guidance, creating unconventional tendencies.

### Possible Effects:

- Confusion or delays in education and learning
- Challenges in ethical decisions or moral guidance
- Unconventional or rebellious beliefs and practices
- Difficulty trusting advisors or mentors
- Misjudgments in financial or spiritual matters
- Obstacles in attaining clarity in long-term goals

### Positive Side:

- Leads to unconventional knowledge, creative thinking, and innovation
- Encourages independent thinking and unique perspectives
- Opportunities to explore alternative spiritual or philosophical paths
- Enhances adaptability and resilience in learning and ethics
- Develops insight into hidden or nontraditional wisdom
- Potential to turn challenges into inventive solutions and personal growth

### Simple & Effective Remedies:

1. Chant Guru Mantra (Om Guruve Namah) daily, especially on Thursdays
2. Donate yellow clothes, turmeric, or items associated with Jupiter
3. Read spiritual texts like Bhagavad Gita or other wisdom literature daily
4. Offer bananas to cows, monkeys, or symbolic offerings for Jupiter
5. Maintain ethical conduct, discipline, and continuous learning

**Final Insights:** Guru Chandal Dosha represents distortions or challenges in wisdom, ethics, and guidance. With remedies, disciplined learning, and conscious awareness, it can be transformed into innovative thinking, unconventional knowledge, and spiritual growth.

## Graha Yuddha Dosha

Planetary war between Sun and Rahu, Rahu and Sun in the same house with very close degrees indicates Graha Yuddha Dosha in this Kundli, creating tension between planetary energies.

### Possible Effects:

- Internal conflicts and indecision due to clashing planetary influences
- Competition or rivalry in personal, professional, or family life
- Weakened effects of the planets involved, leading to challenges in related areas
- Emotional tension or stress in decision-making
- Obstacles in achieving goals governed by the conflicting planets
- Potential for misunderstandings or disputes in relationships

### Positive Side:

- Generates dynamic energy and motivation to overcome obstacles
- Encourages competitiveness and strategic thinking
- Promotes learning through challenges and conflicts
- Opportunities for personal growth and resilience
- Ability to mediate, balance, and harmonize conflicting energies
- Strengthens problem-solving and crisis management skills

### Simple & Effective Remedies:

1. Chant peace mantras like Om Shanti Shanti Shanti daily
2. Donate items associated with the planets involved in the Graha Yuddha
3. Perform Homa or fire rituals at home using ghee to harmonize energies
4. Meditate on balance, harmony, and cooperation daily
5. Maintain ethical, patient, and mindful behavior to reduce conflicts

**Final Insights:** Graha Yuddha Dosha represents clashing planetary energies causing tension and challenges. With remedies, mindfulness, and balancing practices, it can be transformed into dynamic energy, competitiveness, strategic insight, and personal growth.

## Retrograde Dosha

Sun, Moon, Mars, Mercury, Jupiter, Venus, Saturn is retrograde in this Kundli, indicating internalized planetary energy and delayed or introspective manifestations.

### Possible Effects:

- Delays or slow progress in areas governed by the retrograde planets
- Repeated life lessons requiring careful attention
- Introspection challenges and emotional processing
- Misunderstandings or delays in communication or projects
- Tendency to overthink or analyze situations excessively
- Obstacles that require patience, reflection, and strategic planning

### Positive Side:

- Encourages deep reflection and introspection
- Provides unique perspectives and analytical skills
- Opportunities for personal growth through repeated lessons
- Enhances patience, strategic thinking, and foresight
- Ability to revisit past decisions and improve outcomes
- Develops resilience and self-awareness over time

### Simple & Effective Remedies:

1. Chant the mantra of retrograde planets regularly
2. Practice yoga, pranayama, and meditation for balance
3. Donate old items or essentials to clear past karmic energy
4. Maintain a journal to analyze and learn from past experiences
5. Engage in conscious reflection before taking actions

**Final Insights:** Retrograde Dosha represents internalized planetary energy and delayed manifestations. With awareness, reflection, and disciplined remedies, it can be transformed into deep insight, strategic growth, and personal mastery.

## Gand Mool Dosha

Sun, Saturn, Rahu, Ascendant placed in Gand Mool Nakshatra in this Kundli, indicating challenges and sensitive energies associated with these Nakshatras.

### Possible Effects:

- Challenges in early life or childhood
- Family issues or instability in domestic environment
- Emotional stress or insecurity during formative years
- Delays or obstacles in personal growth or education
- Potential health concerns or vulnerability in early age
- Difficulties in establishing stability and security

### Positive Side:

- Provides spiritual protection and guidance
- Encourages early awareness of life's challenges
- Opportunities for growth and resilience through adversity
- Enhances connection to spiritual practices and self-discipline
- Potential for karmic resolution and personal transformation
- Develops nurturing qualities and responsibility over time

### Simple & Effective Remedies:

1. Perform Gand Mool Shanti Puja at home under guidance
2. Chant Nakshatra-specific mantras regularly
3. Donate roots like ginger or turmeric to the needy
4. Plant trees and care for them as a symbolic remedy
5. Maintain discipline, positive family interactions, and spiritual practices

**Final Insights:** Gand Mool Dosha reflects sensitive energies in specific Nakshatras affecting early life and family stability. With remedies, awareness, and nurturing practices, it can be transformed into spiritual protection, resilience, and long-term growth.

## Rahu–Ketu Axis Dosha

Rahu in house 5 and Ketu in house 11 indicate Rahu–Ketu Axis Dosha in this Kundli, forming a powerful nodal axis influencing karmic patterns and life lessons.

### Possible Effects:

- Karmic challenges and lessons in life
- Illusions, confusion, or sudden unexpected events
- Instability in career, relationships, or personal goals
- Sudden changes or transformations in life path
- Emotional or mental turbulence due to misperceptions
- Potential for spiritual tests and moral dilemmas

### Positive Side:

- Facilitates rapid personal and spiritual evolution
- Encourages detachment from material illusions
- Enhances intuition and ability to perceive hidden truths
- Promotes resilience and adaptability during sudden changes
- Opportunities for karmic resolution and conscious growth
- Develops awareness of life patterns and decision-making

### Simple & Effective Remedies:

1. Chant Rahu and Ketu mantras alternately daily
2. Donate coal, iron, or black items on Saturdays
3. Keep an elephant idol or Rahu yantra for protection
4. Practice shadow work meditation to confront hidden fears
5. Maintain awareness, ethical actions, and spiritual practices

**Final Insights:** Rahu–Ketu Axis Dosha represents strong karmic energy and life transformations. With remedies, mindfulness, and conscious effort, it can be transformed into rapid growth, spiritual evolution, and mastery over illusions and challenges.

## Nadi Dosha

Nadi Dosha assessment requires the partner's birth details. It occurs when both partners belong to the same Nadi (body energy type) in Kundli matching, potentially affecting marital harmony and progeny.

### Possible Effects:

- Compatibility challenges between partners
- Potential delays or difficulties in marriage
- Health or fertility issues related to progeny
- Emotional misunderstandings or conflicts in the relationship
- Strain in family life due to mismatched energies
- Obstacles in creating a harmonious and balanced partnership

### Positive Side:

- Raises awareness about partner compatibility and health
- Encourages open communication and mutual understanding
- Promotes conscious effort to strengthen marital harmony
- Opportunity to perform spiritual and protective rituals together
- Strengthens emotional bond through joint remedies
- Potential for long-term harmony with awareness and rituals

### Simple & Effective Remedies:

1. Consult a qualified astrologer for Nadi Nivaran Puja
2. Chant marriage mantras together regularly
3. Donate grains, food, or essentials to temples or needy
4. Practice couple meditation or joint spiritual practices
5. Maintain open communication and mutual support in daily life

**Final Insights:** Nadi Dosha indicates potential energetic incompatibility between partners. With proper guidance, rituals, and conscious effort, it can be mitigated, leading to a harmonious, balanced, and prosperous married life.

## Lagna Dosha

Malefics Saturn in the 1st house (Lagna) indicate Lagna Dosha in this Kundli, affecting personality, self-image, and overall life path.

### Possible Effects:

- Health issues or recurring ailments
- Low self-confidence or self-image concerns
- Obstacles or delays in personal goals and ambitions
- Emotional stress affecting decision-making
- Challenges in social interactions or leadership roles
- Difficulty maintaining stability and direction in life

### Positive Side:

- Encourages self-awareness and personal growth
- Builds inner strength and resilience through challenges
- Opportunity to develop patience, discipline, and focus
- Enhances understanding of one's strengths and weaknesses
- Promotes conscious effort in shaping life path and destiny
- Potential for long-term success through self-improvement

### Simple & Effective Remedies:

1. Chant the Lagna lord mantra daily
2. Wear a protective yantra locket after proper guidance
3. Practice Surya Namaskar and yoga for physical and mental strength
4. Donate copper items, red clothes, or red food items
5. Maintain disciplined, ethical, and positive daily routines

**Final Insights:** Lagna Dosha represents malefic influence on personality and life path. With awareness, remedies, and disciplined practices, this Dosha can transform into self-awareness, inner strength, and long-term success in health, relationships, and career.

## 7th House (Marriage) Dosha

Malefics Mars in the 7th house indicate 7th House Dosha in this Kundli, affecting marriage, partnerships, and relationships.

### Possible Effects:

- Delays or obstacles in marriage
- Challenges or conflicts with spouse or life partner
- Problems in business or professional partnerships
- Emotional stress due to misunderstandings in relationships
- Difficulty maintaining harmony and balance in partnerships
- Potential legal or financial disputes related to partnerships

### Positive Side:

- Encourages deep understanding and patience in relationships
- Opportunity to build strong, resilient bonds
- Enhances emotional maturity and conflict resolution skills
- Promotes growth through challenges in partnerships
- Potential for long-lasting harmony with conscious effort
- Strengthens commitment and mutual support in marriage

### Simple & Effective Remedies:

1. Chant marriage-enhancing mantras like Parvati-Shiva stotras
2. Donate sweets or gifts to married couples or needy people
3. Wear yellow clothes on Thursdays for harmony and positivity
4. Perform couple-friendly rituals and prayers at home
5. Maintain open communication, patience, and mutual respect in relationships

**Final Insights:** 7th House Dosha represents malefic influence affecting marriage and partnerships. With awareness, remedies, and conscious efforts, this Dosha can be transformed into harmony, strong bonds, and long-term success in personal and professional relationships.

## Putra Dosha

Malefics Sun, Rahu in the 5th house indicate Putra Dosha in this Kundli, affecting children, progeny, creativity, and intellectual pursuits.

### Possible Effects:

- Delays or difficulties in having children
- Challenges or obstacles in education or learning
- Creative blocks or lack of inspiration
- Emotional stress related to family growth or progeny
- Difficulty in nurturing or expressing creative talents
- Potential struggles in progeny-related responsibilities

### Positive Side:

- Encourages development of wisdom and patience
- Opportunities to find alternative ways of fulfillment
- Strengthens responsibility toward family and progeny
- Promotes deeper appreciation of creativity and intellectual pursuits
- Teaches resilience and problem-solving through challenges
- Potential spiritual growth through devotion and nurturing practices

### Simple & Effective Remedies:

1. Chant Santan Gopal Mantra regularly
2. Donate toys, books, or educational materials to needy children
3. Practice creative hobbies or arts at home to enhance 5th house energy
4. Offer butter or other symbolic items to Krishna idol
5. Maintain discipline and positive values in parenting and creative pursuits

**Final Insights:** Putra Dosha represents malefic influence in the 5th house affecting children, creativity, and intellect. With proper awareness, remedies, and nurturing practices, this Dosha can be mitigated, leading to fulfillment, family harmony, and creative success.